

GI Health & Function Protocol for Gut Barrier Panel

It has been stated that the gastrointestinal tract is the foundation to optimal health. As our understanding through research has evolved, it is appreciated that the gastrointestinal tract is linked to the body systems. When the health of the critical system begins to falter, all health suffers, and the door is opened for chronic disease onset. Generally talked about in terms of leaky gut, the dysfunction that manifests often creates a cascading effect. Fortunately, the inclusion of key nutrients can provide meaningful clinical improvements.

Conditions Include:

- Irritable Bowel Syndrome
- Inflammatory Bowel Syndrome
- Colitis

Primary Supplement Support

Product	Amount	Description
BioDolph-3 GI™	1 capsule per day	A synergistic probiotic formula containing 3 clinically validated probiotic strains shown to be effective in randomized and controlled trials. Mediated by targeted mechanisms such as production of short chain fatty acids, acetylcholine and polyphosphate granules, BioDolph-3 GI™ promotes intestinal barrier integrity, balances gut microflora, helps break down lactose and supports a healthy mood
GI Resolve™	2 teaspoons per day	Combines effective clinical levels to the most well- researched nutrients and botanicals designed to support gastrointestinal health and function without added flavors, colors, sweeteners, gums, or common allergens.
Immuno-gG® SBI	4 capsules per day OR 1-2 scoops per day of powder	Supplies a unique, highly concentrated essential fatty acid blend, providing an extremely effective combination of EPA, DHA, and GLA, along with a high concentration of the delta gamma tocopherol form of vitamin E

Healthy Inflammatory Response Protocol for FIT Test

Inflammation is the body's natural healing response to fight infection or recover from injury. However, generalized inflammation in the body can be the direct result of poor diet. Rule out infection, trauma, excessive stress, allergies, and magnesium deficiency.

Dietary considerations

- Maintain healthy blood sugar levels (consume lean protein, cold water fish, soluble/insoluble fiber, limit/avoid sugar, excess carbohydrates).
- Choose a whole foods diet rich in polyphenols, vitamins, minerals, omega-3s
- Eliminate inflammatory foods such as sugar, processed foods, gluten, hydrogenated oils.

Primary Supplement Support

Product	Amount	Description
TolerAid™	1-2 capsules per day	A natural support for food and chemical sensitivities. Provides nutritional support for healthy, functioning liver detoxification pathways, mitochondrial function, and methylation processes.
CurcumRx®	1-4 capsules twice per day without food	A nutrient-dense turmeric compound delivering 50% total curcuminoid content, plus phenolic compounds, sesquiterpenes sterols, fatty acids and more to support inflammatory pathways Free of solvent residue and chemical surfactants.
KappArest™	3-6 capsules per day	Designed to help downregulate inflammatory pathways, primarily through the inhibition of nuclear transcription factor-KappaB (NF-kappaB), a key mediator of the inflammatory process.

Lorraine Denoncourt

Senior Functional Medicine Consultant

Cell: (413) 531-0607

Fax: (413) 998-3060

Email: ldenoncourt@bioticsresearch.com



KBMO
DIAGNOSTICS

Office: 617-933-8130

Email: info@kbmodiagnostics.com

THE CONTENTS PROVIDED WITHIN THIS DOCUMENT ARE INTENDED SOLELY AS AN EDUCATIONAL RESOURCE FOR LICENSED HEALTHCARE PROFESSIONALS AND ARE NOT INTENDED FOR USE BY PATIENTS. ANY INFORMATION CONTAINED WITHIN SHOULD NOT BE CONSTRUCTED AS HEALTHCARE CLAIMS NOR SHOULD IT BE CONSIDERED AS REPLACEMENT FOR MEDICAL CARE. IT IS INTENDED TO BE USED AS A SUGGESTED GUIDELINE, WHEREBY PRACTITIONERS CAN TAILOR PROTOCOLS TO THE INDIVIDUAL NEEDS OF EACH PATIENT.

THE CONTENTS PROVIDED WITHIN THIS DOCUMENT ARE INTENDED SOLELY AS AN EDUCATIONAL RESOURCE FOR LICENSED HEALTHCARE PROFESSIONALS AND ARE NOT INTENDED FOR USE BY PATIENTS. ANY INFORMATION CONTAINED WITHIN SHOULD NOT BE CONSTRUCTED AS HEALTHCARE CLAIMS NOR SHOULD IT BE CONSIDERED AS REPLACEMENT FOR MEDICAL CARE. IT IS INTENDED TO BE USED AS A SUGGESTED GUIDELINE, WHEREBY PRACTITIONERS CAN TAILOR PROTOCOLS TO THE INDIVIDUAL NEEDS OF EACH PATIENT.